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HALIFAX • TUESDAY, MAY 5, 2009 metronews.ca

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It's OK to dine on swine: Officials

**HEALTH** Go ahead and ham it up, the provincial government says.

The Agriculture Department said yesterday Nova Scotians have no reason to worry about what's in their pork chops. The reassurance comes after a couple hundred pigs in Alberta were found to be infected with Influenza A (H1N1), also known as swine flu, over the weekend.

Humans cannot get swine flu from eating pork products and it's rare for the virus to move from live pigs to humans, the department says.

The Health Promotion and Protection Department also confirmed five new mild cases of swine flu yesterday, bringing the total number of reports up to 38 across the province since April 26.

METRO HALIFAX

Sports pg 13

Mooseheads star leaving?

Local pg 2



**\$300-million  
centre to be  
up by 2013**

Entertainment pg 17

USS Enterprise is revitalized

# Opposition topple Tories

Province headed to polls after proposed financial legislation voted down

PAUL MCLEOD  
paul.mcleod@metronews.ca



And we're off.

Opposition parties toppled the Rodney MacDonald government in a legislative vote yesterday. The 28-20 defeat kicked off a spring election campaign likely to end June 9.

The timing was dramatic — the provincial government fell just one minute before the house was set to adjourn for the day — but the vote outcome was never in doubt.

The Tories had spent most of the day unveiling their new budget, which will now never be voted on. The government had committed to spending \$260 million in offshore money to keep the 2008-09 and 2009-10 budgets balanced.

To do that, they needed to change finance laws first. Both opposition parties had said for days that they would not support the change. The amendment came up for a confidence vote and, as expected, both the NDP and Liberals voted against it, triggering an election.

The campaigning kicked off moments later.

"I'm not surprised," said Premier MacDonald of being defeated.

"The opposition had been indicating for days that this is the direction that they want to go in. They're more interested, quite frankly, in an election than they are what's right for the people of the province."

MacDonald said the only alternative to spending the money was going into deficit or cutting programs. He challenged the opposition to say which they would do.

Opposition leaders called that nonsense. They said the government has already put the province in deficit. The Tory budget revealed the provincial debt had



NDP Leader Darrell Dexter watches Premier Rodney MacDonald as he speaks with reporters following the defeat of the Conservative government yesterday.

grown \$177 million last year to \$12.3 billion.

"This was the kind of old-style Conservative economic planning

that we saw in years gone by," said NDP Leader Darrell Dexter. "It's the idea that somehow the road to prosperity is through debt."

**Traditional parties take untraditional stances**

**POLITICS** This election could be confusing for some. The Conservatives are promising to spend liberally, while the Liberals and NDP are vowing to be fiscally conservative.

The Tories want to use \$260 million of offshore offset money to balance their budgets, while the opposition says they're really going into deficit.

It depends on who you ask — the budget is balanced by generally accepted accounting principles, but not by current Nova Scotia law.

Regardless, the effect is the same. By using offshore offset money that had previously been put on the debt, Nova Scotia's net debt will grow. The Tories say it's necessary economic stimulus. The opposition says it'll cripple future generations with debt payments.

"I will never be able to outspend any of those other two parties. I guarantee it," said Liberal Leader Stephen McNeil.

"I don't believe this election will be about who can outpromise who. If it is, that'll be the same ol' kind of politics that we've had in this province for generations."

The Tories released a budget yesterday projecting a surplus (including offshore money) of \$4 million. The opposition will release their platforms throughout the campaign.

PAUL MCLEOD/METRO HALIFAX



Stephen McNeil

MacDonald will speak with the Lieutenant Governor today to officially call the election. The date is widely believed to be June 9.

DIAMONDS



GEMSTONES



GOLD



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Mother's Day May 10th

CHARM

DIAMOND CENTRES

"Mom" Pendants from 99<sup>99</sup>

A woman and her teenage son were transported to hospital for smoke inhalation following a fire at their New Waterford home yesterday. Fire officials said the fire broke out at about 4:10 a.m. The fire was deemed accidental, starting in an upstairs bedroom. **METRO HALIFAX**

# Local



## Halgonian among model hopefuls

A 21-year-old post-secondary student from Halifax is among the 11-member cast for the new season of the hit reality TV series *Canada's Next Top Model*, which will air on CTV starting May 26. Her first name is Heather, but the show isn't releasing the last name of contestants. The show's winner gets several prizes, including a modelling contract. **METRO HALIFAX**

## Teen dies after car crash

PHILIP CROUCHER

philip.croucher@metronews.ca

**FATALITY** A 15-year-old student from East Rural High School has died after a single-vehicle car crash Friday night on Horne Road near Enfield.

According to the Enfield RCMP, Jordan Wood died Saturday morning from his injuries. Emergency personnel had to use the Jaws of Life to remove the teenager from the vehicle. The accident took place around 11 p.m., with

Wood rushed to the QEII Health Sciences Centre.

The 17-year-old driver, also a student at the school, remains in critical condition in hospital.

"It was quite an impact at the scene," said Sgt. Chris Bewsher of the Enfield RCMP. "It resulted in the driver being ejected from the vehicle."

Grief counsellors were at the school yesterday to meet with students, along with the RCMP school liaison officer.

The cause of the crash is still under investigation.

## Nova Centre plans unveiled

### \$300M convention building projected to be up by 2013

PAUL MCLEOD

paul.mcleod@metronews.ca

**Downtown Halifax's worst-kept secret is out — a new convention centre is set to be built on Argyle Street.**

Premier Rodney MacDonald and HRM Mayor Peter Kelly unveiled the Nova Centre yesterday, which is to be built on the site of the old Chronicle Herald building and Mid-town Tavern.

The centre will be three times the size of the World Trade and Convention Centre at 150,000 square feet, and will include a new 400- to 500-room hotel plus retail space.

"(The WTCC) has served our city and this province very well. But this is not 1984 and the needs of conventions, the technology and expectations of our participants, are very different," MacDonald said. "By standing still we are falling behind."

In the last two years, 60 international conferences passed on Halifax because there wasn't enough convention room, a loss of



Premier Rodney MacDonald and HRM Mayor Peter Kelly hold a design of the proposed Nova Centre at a press conference yesterday in Halifax.

45,000 people and \$63 million to the economy, MacDonald said.

The new centre is expected to cost about \$300 million, but a lot remains unknown. MacDonald and Kelly couldn't confirm how much would be chipped in by the municipal and provincial governments. It's also not known what will happen to the WTCC.

However, Kelly and Mac-

Donald announced a projected opening date of January 2013 for the new centre.

"Our downtown will be revitalized," Kelly said. "Today we are pleased to say that the latest HRM development, the Nova Centre, could have shovels in the ground as early as July."

Consulting firm Deloitte is undertaking a study on the most efficient way to build the centre. It's ex-

pected Rank Group will submit a formal proposal to develop the new facility.

The current WTCC has only one large ballroom and tops out at conventions of 800 to 1,000 people. The new centre can hold groups of up to 2,200, while simultaneously holding smaller gatherings of 500 to 600 people.

Potential expansion space could be built in for future growth.

## Power project gets approval

**ENERGY** Nova Scotia Power's Tufts Cove heat-recovery project has received environmental approval from the province.

The Department of Environment announced yesterday that the project being built and operated at the No. 6 power-generating plant at NSP's facility on Halifax harbour has received the go-ahead, subject to conditions to pro-

tect the environment.

The province released the decision after a 30-day public review and comment period stipulated by the Environment Act.

The project, which is expected to increase the efficiency of generating electricity from natural gas, is also subject to a federal environmental assessment to address marine issues.

**METRO HALIFAX**

metronews.ca

What's online today.

**Video** Prairie treasure hunters are cashing in on valuable space debris dropped by last fall's meteor at [metronews.ca/canada](http://metronews.ca/canada)

**Mind and Body** Ensure your workouts don't sacrifice safety for performance at [metronews.ca/health](http://metronews.ca/health)

**Blogs** Josey Vogels debuts her new blog, *Sexcetera Your Money* Allan Small on why diversification is just as crucial in a hot market as it is in a sinking one at [metronews.ca/investing](http://metronews.ca/investing)



### News in brief

**THEFT** Police say a victim had money and personal items stolen from him by two male youths in the area of 961 Bedford Highway yesterday. The victim wasn't injured and the two suspects from Sackville — aged 15 and 17 — were taken into custody a short distance away. Both are facing several charges, including robbery and wearing a disguise.

**PURSUIT** A 23-year-old man is facing several charges after a short vehicle pursuit took place Sunday night between Windmill Road and Elmwood Drive in Dartmouth. Police say the chase speeds weren't overly excessive and the suspect was eventually taken into custody. A loaded handgun was found in the vehicle.

## Canada Games Centre taking shape

HILARY BEAUMONT  
for Metro Halifax

**CONSTRUCTION** With all the pomp and circumstance a person can have while stretching to untie a giant grey tarp yesterday, Jean-Paul Deveau unveiled the new 2011 Canada Games Centre sign on the Mainland Common in Clayton Park.

Blue-and-white stick people flip, swim and wield rackets across the bottom, showing the centre's three uses: Artistic gymnastics, synchronized swimming and badminton.

"I'm so pleased that the big, beautiful \$40.5-million facility being built right across the street will henceforth be known as — drum roll — the Canada Games Centre," Deveau, the Canada Games Committee chair for the 2011 Games in Halifax, announced during a press conference across



Construction continues yesterday at the Mainland Common on the Canada Games Centre. The \$40.5-million facility is slated to open in November 2010.

from the construction site.

Slated to be open in November 2010, the 176,000-square-foot centre will boast a field house complete with a 200-metre running track, a youth centre, a training pool, a leisure

pool and even a spiral water slide. The site is currently home to boulders, a giant crane and the first beams of a steel skeleton.

Halifax will host the 2011 Canada Winter Games from Feb. 11 to 27.

## Man arrested after robbery at drugstore

**CRIME** A 33-year-old man was arrested Sunday evening after police say somebody entered the Shoppers Drug Mart in Lower Sackville and stole lottery tickets and bus passes.

According to Cpl. Joe Taplin of the RCMP, a male entered the store at 7 p.m. and stole the tickets and passes.

The suspect was followed by a store employee, who saw him stepping onto a Metro Transit bus, Taplin says.

The employee stopped the bus and held it until RCMP arrived on the scene.

Police say the suspect cooperated with the Metro Transit bus driver and the store employee and was later arrested by the RCMP for theft under \$5,000.

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**Ferry resumes schedule**

Metro Transit's Alderney-to-Halifax ferry will resume regular service today, with the first boat leaving Dartmouth at 6:30 a.m. **METRO HALIFAX**

local **3**

Police cars were parked outside of Cole Harbour District High School yesterday while officers tried to find out what sparked a series of student fights outside the school.

## Three arrested in Cole Harbour school fights

KRISTEN LIPSCOMBE  
for Metro Halifax

**Three teenagers were in police custody yesterday after several brawls broke out at Cole Harbour District High School.**

Halifax RCMP spokesman Cpl. Joe Taplin said officers arrested two male and one female student for assault, uttering threats and breach of peace because of their involvement in a series of fights that took place outside the Chateau Crescent school after someone pulled a fire alarm.

Taplin said firefighters and police officers responded to the alarm at about 10:40 a.m. and received calls about the violence taking place in the parking lot and soccer field minutes later.

"Once members started arriving, the crowds seemed to disperse," Taplin said. But not before a student threatened police, he said.

"When he was placed under arrest, the crowd started coming towards police," Taplin said, adding that four or five ignored warnings forced officers to use pepper spray. He said those that were hit have been treated, while one person involved in the brawls was taken to Dartmouth General Hospital "for observation."

Taplin said what hap-

### Auburn Drive High School

One the same day fisticuffs between students was taking place at neighbouring Cole Harbour High School, Auburn Drive High School was closed to students as staff took the day to look at their policies and practices after 14 students were arrested Friday after several fights broke out on its grounds.

Halifax Regional School Board spokesman Doug Hadley said the day off for students was granted Saturday after meeting with school administrators.

"They just don't want to have to go through something like that ever again," Hadley said yesterday morning of the school staff. "They're not expecting something like that to happen again (today) or in the days to come, but they just want to take a look at what they're doing and see what they can do to address some of these things and not allow a

opened at Cole Harbour looks a lot like the Auburn Drive High School fights last Friday, but it's unlikely the two incidents are connected.

"There are a small number of people who thought they could get out of school," Halifax Regional School Board spokesman Doug Hadley said. "The end

situation to get out of control."

According to Cpl. Joe Taplin of the RCMP, Friday's melee started when a fight broke out between two students, which Hadley said was two females. Staff separated the students and they were taken to the office.

A few minutes later, the fire alarm was pulled and all of the school's 1,100 students were evacuated to the soccer field where other fights broke out.

RCMP responded to the scene first, and later called Halifax Regional Police for backup. While trying to break up the fights, Taplin said two police officers were assaulted. Pepper spray was also used on one student.

Two male and two female students are now facing charges of assaulting a police officer. Another 10 students were arrested for causing a disturbance and breaching the peace.

PHILIP CROUCHER

result was a situation that got out of control."

Stephane Sabourin, who lives across the street from the school, said he heard some Cole Harbour students wanted to copy their rivals at Auburn Drive.

"It's very disappointing," he said, "Because of a handful of bad apples, I'm thinking about moving."

## Trio of X-Men have assault charge dropped

**COURT** Three members of the St. Francis Xavier X-Men basketball team each had a single charge against them dropped yesterday for their alleged role in an incident in which a student was assaulted in the early hours of Feb. 21 in Antigonish.

Tyler Richards and Eamon Morrissey, both of Halifax, and William Donkoh of

Nepean, Ont., were all in Antigonish provincial court yesterday to face the charges against them.

Richards, a basketball star who played his fifth, and final, season with the X-Men team this past season, had one of the two charges against him for assault causing bodily harm withdrawn. Richards is al-

so charged with assault with a weapon and is due back in court June 8 for election and plea.

Morrissey and Donkoh were also each charged with two counts of assault causing bodily harm, and like Richards, they each had one count withdrawn. They're also back in court June 8.

METRO HALIFAX

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Nova Scotia's Unique Solutions Design in Dartmouth is projecting about 30 new jobs thanks in part to a \$2-million investment yesterday from the province through Nova Scotia Business Inc. The investment has helped attract an additional \$3 million in American-based private-sector funding. **METRO HALIFAX**

# Public's turn for HRM by Design input

KRISTEN LIPSCOMBE  
for Metro Halifax

Whether they're for or against it, Haligonians have their last chance to speak out about the proposed HRM by Design plan at a public hearing starting tonight.

Andy Fillmore, the municipality's urban design project manager, said between 100 and 150 groups and individuals are expected to have their say about what he calls "a new vision for what the community wants its downtown to look like."

"They've set aside Wednesday, Thursday and Friday from 10 a.m. to 8 p.m. to handle overflow," he said yesterday. City councillors "really want to hear what everybody has to say," Fillmore said.

HRM by Design includes everything from design guidelines and building heights to heritage protection, he said, calling it a plan to make Halifax "a spectacular city" that balances future goals with a historic past.

But the Heritage Trust of Nova Scotia is much less impressed and confirmed yesterday it's asking council not to adopt the plan.

"There are very serious problems with it and we

## Deadline

• Speakers have to sign up this evening, with any written submissions also due by 3 p.m. today. City council is set to review a staff report on the matter May 26 with a vote possible as early as that day.

think it would negatively impact both the heritage buildings and the views from Citadel Hill," Phil Pacey, the group's president, said of higher height limits under HRM By Design.

He said that includes two tall towers that may be built as part of Halifax's new convention centre, which Premier Rodney MacDonald and Mayor Peter Kelly agreed on yesterday.

Genuine Progress Index Atlantic, a non-profit research group, agrees HRM by Design isn't complete. Executive director Ronald Colman said yesterday its intentions are great but its impacts "have not been properly assessed."

"What's the impact on congestion in the downtown area? What are the impacts going to be on traffic flow? What are the impacts on greenhouse gas emissions?" he asked. "Our view is that it's putting the cart before the horse."

## Across Canada The day the music thrived



Band teacher Dina Burt conducts the Grade 9 concert band outside Madeline Symonds Middle School in Hammonds Plains yesterday. Over 700,000 students across Canada celebrated Music Monday by taking part in a simultaneous concert. Eighty-six schools in Nova Scotia participated in the event which highlighted the importance of music education.

## Info sought on Spryfield shooting

### Contact

• Anyone with information is asked to phone 490-5180.

Halifax Regional Police are looking into a shooting in the Spryfield community.

Spokeswoman Theresa Rath said officers found two bullet holes at the back of a building at 390 Herring Cove Road after being called about the shooting last Friday at 8 p.m. The problem is it happened several hours earlier, some time during the early morning hours, she said.

"We already have that gap that we're trying to deal with," she said. "We are asking for the public's assis-

tance." So far, Rath said, there is no indication anyone was injured, but added police are exploring the possibility of this shooting being related to other recent violent acts in the area.

It took place near Jessy's Pizza at 374 Herring Cove Rd., the business Jim Melvin Sr. stood outside of when shots were fired at him last

November. Jimmy Melvin Jr., his son, has been shot a couple of times since being released from jail around the same time and there has been speculation about a drug war between his family and the Marriotts.

The online White Pages says a Jim Melvin owns Spryfield Fast Cash at 390 Herring Cove Rd., one of several businesses at that address. Rath said she believed the business that was hit is a motorcycle shop.

KRISTEN LIPSCOMBE  
/FOR METRO HALIFAX

## One-woman small town comedy opens fest

HILARY BEAUMONT  
for Metro Halifax

**THEATRE** In Antigonish, everyone has a nickname.

Mary-Colin Chisholm, also known as Kathrine Danny Donald Kirk Pioneer Jody Colin Widow Colin Chisholm, was inspired to write a radio miniseries about her hometown's nickname phenomenon 12 years ago. Now she's performing the series on stage called He'd Be Your Father's Mother's Cousin. The one-woman show starts Thursday during the 11-day SuperNova Theatre Festival in Halifax.

Chisholm's nickname comes from her mother, Kathrine Danny Donald Kirk, who is also the main character of the play.

"Mom has found a tape recorder at a garage sale, so she's figured out she can talk to her daughter," Chisholm said. "It's kind of an avoidance technique so she doesn't have to talk to her. So she sends tapes to her daughter Mary Rose. She'll start talking to Mary Rose and get distracted because Grandma's wandering around lookin' for the cat and Dad's wandering around lookin' for his keys. So they start barkin' at each other. Then five minutes later she realizes the tape recorder's still on."

Composed in nine sketches, the play follows five characters, grandma, dad, mother, daughter and cat. Chisholm plays them all.

The small town comedy kicks off the theatre festival Thursday at Neptune's Studio Theatre. The festival runs from May 7 until May 17.

## Driver taken to hospital, 15 cattle killed, after truck overturns on ramp

**WEST AMHERST** It was a bumpy ride for 50 head of cattle as their driver attempted to turn on to the on-ramp of the Trans-Canada Highway Sunday night. At around 6 p.m., the driver attempted to turn

from Highway 6 in West Amherst on to the ramp near the Wandlyn Inn when the vehicle overturned.

The driver was extricated by members of the Amherst Fire Department

and transported to the local hospital with undetermined injuries. About 15 cattle were killed, with RCMP saying that 10 died in the accident and another five had to be euthanized.

Sources onsite said the cattle had been picked up in Truro and were headed to their owner in Prince Edward Island.

Other members of the farming community were just about to leave the

restaurant across from the ramp when the truck overturned. Luckily, Wallace McNutt from Truro Heights had fencing that was quickly erected to enclose the cattle once extricated. **AMHERST DAILY NEWS**

# Celebrate Mom

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**Ottawa mayor pleads not guilty**

Ottawa's mayor pleaded not guilty yesterday when he was formally arraigned in court on the first day of his criminal trial. Larry O'Brien faces charges of influence peddling after Terry Kilrea, his opponent in the 2006 municipal election, said O'Brien had offered to pay his campaign expenses.

CBC NEWS ONLINE



5

# Canada



## Schreiber figure wrong: Testimony

A former spokesman for Brian Mulroney said he was never asked by his boss to correct the \$300,000 payment figure circulating in the media that related to cash received from Karlheinz Schreiber because it would have been a waste of time. Luc Lavoie, testifying at the federal inquiry yesterday in Ottawa, said he had learned around 2002 that the amount Mulroney received for his services was less than the \$300,000 figure cited by Schreiber.

CBC NEWS ONLINE

# Election would be a crapshoot: Pollster

Ignatieff's tough talk more of a warning to Harper than declaration to force election, analysts claim

**While the opposition Liberals are threatening to trigger a new election to protest against government handling of the economic crisis, there is no guarantee Canadians will be voting any time soon.**

Liberal Leader Michael Ignatieff, buoyed by recent polling numbers, demanded on Sunday that the minority Conservative government make unemployment pay-

ments more generous to help Canadians ride out the recession.

"If the government will work with me, then we'll get it done. If they won't, then we'll

have to have an election," he said after a party conference confirmed him as the new leader.

But analysts said Ignatieff's tough words were more of a warning to Prime Minister Stephen Harper than a genuine declaration that he is ready to bring down the Conservative government. They pointed to a host of reasons why an election might not happen

soon.

First, Liberal support, though higher, is still not strong enough to guarantee even a narrow victory. And to bring the Conservatives down the Liberals need the support of both the other opposition parties in the House of Commons, neither of which may be in the mood to co-operate.

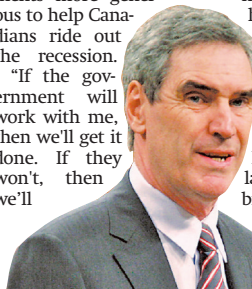
Nik Nanos, head of the Nanos Research polling firm, said an election now — Canada's fourth in five years — would "really be a crapshoot for

either one of the main parties."

Two polls over the weekend put public support for the Liberals at 36 per cent compared with 33 per cent for the Conservatives — a gap far too small to ensure even a narrow minority government.

REUTERS

In popular support, Stephen Harper's Tories trail the Liberals, led by Michael Ignatieff, far left, poll data says.



## Ottawa Salute to soldiers



Netherlands Defence Attaché Lt.-Col. Henry Schevers, left, and Netherlands ambassador to Canada H.E. Wim Geerts pay their respects to those who died fighting for Dutch freedom after laying a wreath at the National War Memorial yesterday.

## Pork ban may bring WTO action

**TRADE** Canada said yesterday it will pursue World Trade Organization action against China if it maintains its ban on pork and hogs from Alberta.

The Canadian Food Inspection Agency announced Saturday it had found the H1N1 flu virus in a swine herd in Alberta, prompting the ban by China.

"China is operating outside of sound science ... should they continue on, of course, there is a WTO challenge which we would not hesitate to enact," Canadian Agriculture Minister Gerry Ritz said.

China's ban on Alberta pork and hogs is not by itself causing a major impact on pork exports since Alberta is not a major supplier to China, one official for the Canadian Food Inspection Agency said yesterday.

REUTERS

## Toll Free Info Line for H1N1 (Human Swine Influenza)

The government of Nova Scotia has established a toll-free information line for questions regarding the H1N1 (Human Swine Influenza) in the province. The line will be answered by health professionals between 8:30 a.m. and 8:30 p.m., daily.

**The toll free line is 1-888-451-4222.**

Nova Scotia has a strong public health system, with highly skilled and caring professionals who are capable of managing any public health issue that may arise. In coordination with international and national public health authorities, they continue to monitor H1N1 (Human Swine Influenza) throughout the province, using established public health practices and the province's network of health professionals.

So far, confirmed cases of H1N1 (Human Swine Influenza) in Nova Scotia have been mild, with no need for hospitalization. Any additional cases will be thoroughly investigated.

Remember, the best way to prevent illness is through prevention. Wash your hands thoroughly and often, cough into your sleeves and stay away from public places if you are sick.

Please visit <http://www.gov.ns.ca/hpp> for more information on the H1N1 (Human Swine Influenza) in Nova Scotia.

NOVA SCOTIA

## Panel calls for scientific innovation

**REPORT** Canada needs to step up its efforts in science, technology and innovation or risk being left behind in the global race for talent and wealth, a federal advisory panel will warn today.

The Science, Technology and Innovation Council, formed to advise the federal government on issues of science and technology, is expected to issue mixed grades on the state of innovation in Canada.

Despite a "strong science base and a robust research

### Low skills

- As well, low literacy and numeracy skills are hindering a significant group of Canadians. The report will also shine a spotlight on low investment in research and development by Canadian companies.

capacity," new discoveries are not being "sufficiently" turned into commercial products and services. That means the country is miss-

ing opportunities to "make a difference in people's lives and turn knowledge into wealth."

That's according to a memo obtained by Torstar News Service outlining "key messages" in the report, which was scheduled for release this morning.

"In a world where talent is everything, other countries are improving their education results and their support for innovative activity more rapidly than Canada," the memo says.

TORSTAR NEWS SERVICE

The Liberals are demanding EI reforms before Parliament's summer break. The issue dominated question period as Liberal, NDP and Bloc Québécois MPs challenged the Conservative government to lower the amount of employment hours needed to qualify for benefits. **CBC NEWS**

# Report raps homework for young

**Homework is of little benefit to elementary school students, but can be useful for older students as long as it is not simply rote learning, says a report examining 18 studies on the issue.**

The report, by the Canadian Council on Learning, says in some cases homework can boost achievement and that older students — from Grade 8 and up — seem “most likely to benefit from doing homework,” as do lower-achieving students.

Homework is a hot topic among students, parents and educators and just last fall the Toronto public board introduced a groundbreaking homework policy after complaints about the amount and kind of work students were bringing home.

Among the new rules: Homework should only cover materials taught in class and consist of “clear, purposeful and engaging activities,” that a one-hour maxi-

mum be implemented for Grades 7 and 8 students, two hours for high schoolers; and that teachers assign homework in blocks so students can plan ahead.

It also said up to Grade 2, homework should mostly be playing games, having discussions or cooking at home.

While yesterday's report “confirmed” the rule of no more than 10 minutes of homework per grade — meaning a Grade 4 student would have a maximum of 40 minutes — the Toronto public board did away with that guideline because not all children work at the same pace.

Last year, two University of Toronto professors conducted the first-ever Canadian look at homework and found Ontario students, on average, spend more time on homework than the rest of the country. It also found families were stressed out by the amount of work sent home. **TORSTAR NEWS SERVICE**

## News in brief

**COURT** A Toronto man charged with allegedly trying to send devices that could be used for nuclear technology to Iran was denied bail in a Toronto court yesterday. Mahmoud Yadegari,

35, was arrested last month at his North York home following a joint investigation conducted by the RCMP and the U.S. Department of Homeland Security. **TORSTAR NEWS SERVICE**

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## Music Monday Country-wide concert



Students from 18 schools across Toronto gather at Yonge-Dundas Square to perform in Canada's fifth annual national celebration of music education. This year's Music Monday connected more than 700,000 student from every province and territory in Canada in a simultaneous nationwide concert celebrating the importance of music in our schools. The theme song Sing Sing was written and composed by Canadian artist Serena Ryder.

## Stimulus won't bring quick fix

For all the talk of a multibillion-dollar spending spree on bridges, roads and hospitals, Canada's infrastructure companies are unlikely to reap financial benefits before year's end.

Canada plans to spend \$40 billion over the next two years as it tries to dig out of an economic downturn. The sector, led by Aecon Group Inc. and SNC-Lavalin Group Inc., could eventually benefit, but analysts say it will be 2010 before spending plans translate into construction work and any meaningful revenue growth.

Spending by the government won't compensate for a sharp drop in private spending in the housing sector and by industry, analysts say.

“It's no magic bullet for the economy,” said Dundee

Securities analyst Richard Stoneman of infrastructure spending.

“Companies in the engineering and construction areas have been hit hard by a slowdown in housing starts and a slowdown in capital spending by industry, particularly in the resource areas.”

The Portland Cement Association, whose cement consumption data is seen as a proxy for the health of the construction sector, paints a dismal picture for Canada.

The group's spring 2009 forecast sees Canadian cement consumption falling by double digits in 2009, with a 25 per cent drop in the first quarter alone. The outlook for 2010 is a “milder decline.”

“The list of near-term contractionary candidates in the construction sector is plenti-

ful. Delayed or outright cancellation of large capital projects permeates the strategic landscape,” Dave Czechowski, the association's senior Canadian economist, said in a report last week.

“Near-term incentive for capital investment in the current climate has investors and their bankers skittish.”

“Dominated by energy market investment, construction investment will offer little support this year even in the context of dedicated and fast hitting fiscal stimulus measures.”

You wouldn't know it from looking at the stock market.

“With growing optimism that infrastructure spending will provide the necessary stimulus to economic recovery in 2009/2010, the S&P Engineering and Construction sub-index is up 41 per cent off its recent March lows,” said Blackmont Capital analyst Chris Blake in a note last week.

**THE CANADIAN PRESS**

## Airlines want 'flight rights'

**TRAVEL** The country's airlines have moved to make a federal “Flight Rights” consumer awareness program legally binding in the apparent hopes it will head off any new consumer protection legislation for the industry.

Air Canada, WestJet Airlines Ltd. and Air Transat AT Inc. have filed tariffs with the Canadian Transportation Agency that codify the airlines' responsibilities to their customers in various circumstances.

They include rebooking or providing refunds to passengers who are bumped from overbooked flights, offering meal vouchers for delays longer than four hours and providing hotel rooms for delays that require an overnight stay in an airport other than the one where the travel originated.

However, the airlines say they won't be held responsible for delays that are beyond their control, including weather and traffic. **TORSTAR NEWS SERVICE**

## Former hostage leads demonstration for stranded Canadian

Canadian peace activist James Loney, once held hostage in Iraq, knows what it is like to spend months “aching and yearning with my whole being to come home.”

That is why he led a demonstration in downtown Toronto yesterday to raise awareness about Abousfian Abdelrazik, a Canadian citizen stranded in Sudan and living inside the embassy because Ottawa refuses to give him a passport on grounds of

national security.

Loney said he is “astounded, saddened and outraged” the government's efforts to secure his release in 2006 have not been extended to 47-year-old Abdelrazik, a Montreal man who has been suspected of terrorist affiliations.

Particularly egregious is the attempt to “actively block” Abdelrazik from returning home, which is “an attack on citizenship itself,” said Loney, who led about 40

### Abousfian Abdelrazik

- Abdelrazik alleges he returned to Sudan in 2003, to visit his ill mother, and was arrested and tortured. After almost two years in jail, he was released. He was never charged and was cleared of suspicion by the RCMP and CSIS. He remains on a United Nations no-fly list, which does not prevent countries from allowing their own nationals on the list to come home.

placard-carrying protestors from the Toronto Passport Office, to the offices of the Department of Justice and the Canadian spy agency.

“In the so-called war on

terror, people are arbitrarily deprived of their rights, scapegoated, detained,” said Loney, who was released after being held for four months. **TORSTAR NEWS SERVICE**

**Nepal's PM steps down**

Nepal's Maoist Prime Minister Prachanda resigned after a crisis sparked by his sacking of the country's army chief, plunging the Himalayan republic into a political turmoil. The one-year-old Maoist-led government fired Gen. Rookmangud Katawal on Sunday, accusing him of refusing to accept the supremacy of the civilian government. **REUTERS**

# World



## Boston Globe stays alive, for now

The Boston Globe's biggest union won some breathing space after its owner, The New York Times Co., said it will not file notice of its intention to close the newspaper, at least for now. Six of the seven unions representing employees of the money-losing Globe reached tentative agreements with Times Co., which has threatened to shut the 137-year-old newspaper unless it agrees to \$20 US million in concessions. But the future of New England's largest newspaper remained in doubt yesterday. **REUTERS**

# Pakistan tries to slow down Taliban

**Pakistani forces battled Taliban fighters yesterday as the militants denounced the army and government as U.S. stooges and said a peace pact would end unless the government halted its offensive.**

The February pact and spreading Taliban influence have raised alarm in the United States about the ability of nuclear-armed Pakistan — important in efforts to stabilize Afghanistan — to stand up to the militants.

Last month, U.S. Secretary of State Hillary Clinton accused Islamabad of abdicating to the Taliban while U.S. President Barack Obama expressed grave concern the government was "very fragile" and unable to deliver basic services.

Obama will present his strategy for defeating al-Qaida to Pakistan and Afghanistan leaders tomorrow amid growing U.S. concern it is losing the Afghan war.

In the Buner valley, 100 kilometres northwest of the Pakistani capital, security forces backed by helicopter gunships and artillery attacked militants in three hamlets yesterday, residents and security officials said.

"There's been heavy firing going on since morning. It's very scary. Troops are using heavy artillery and gunships," resident Nasir Khan told Reuters by telephone.

A military spokesman said seven militants, including a commander, were killed. One soldier

was killed and three wounded.

The militants were also using about 2,000 villagers as human shields, the military said.

Buner is to the southeast of the Swat valley, where in February authorities gave in to a Taliban demand for Islamic sharia law as part of a deal to end nearly two

years of violence in the former tourist destination.

However, the Taliban refused to give up their guns and pushed into Buner.

**REUTERS**

## News in brief

**TAXES** U.S. President Barack Obama vowed yesterday to overhaul tax policies that he said reward companies for shifting U.S. jobs overseas and allow wealthy people to evade taxes using offshore accounts.

**REUTERS**

## India Going to market



Farmers transport watermelons on their camels on the banks of the river Ganga, to sell at a market in the northern Indian city of Allahabad yesterday.

## WHO undecided if H1N1 is a pandemic

**VIRUS** The World Health Organization is keeping a close eye on the spread of the H1N1 virus outside North America as it tries to decide whether to declare a pandemic, a top official said yesterday.

Keiji Fukuda, WHO acting assistant director-general, said most of the people infected in Europe and Asia to date had been to Mexico, the outbreak epicentre, and had not caught the virus from the community-at-large.

### Infections

- The WHO has confirmed 1,025 infections, including 26 deaths, in 20 countries around the world.

It remains unclear when, or whether, the United Nations agency will raise its pandemic alert to the top of its 6-point scale and activate emergency response plans to fight the virus known popularly as "swine flu."

**REUTERS**

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# Comment & Views

## Comment

# The new kings of pork?

## NationalReport

Lawrence  
Martin

metronews.ca/nationalreport

Back in the days of Jean Chrétien, conservatives had your proverbial field day cutting up the Liberals for the way grant money was distributed.

They would, quite correctly, point to large percentages of the funding going to Liberal-held ridings while very little went to the constituencies of opposition members. Very interesting, they said — and what a sham! The Grits were feathering the nests of their own supporters. Chrétien, said Alliance MP Jason Kenney, was “the king of pork.”

The Conservatives vowed, of course, that, once in power, they would never

do that kind of thing.

But now we have some news. It's been revealed that in regard to a \$45-million program for disabled Canadians, Conservatives shovelled no less than 94 per cent of the funding to Conservative-held ridings. The other three parties, the Liberals, the NDP and the Bloc Québécois, divvied up the remaining six per cent.

The figures were released by Liberal MP Michael Savage, who examined the program, which is called the Enabling Accessibility Fund. What's going on is “pretty blatant,” he said.

Human Resources Minister Diane Finley denied there was any favouritism involved in the

process. “The awards are based on applications and the quality of those applications.” In other words, she was suggesting it was just a coincidence that almost all the handicapped people in need just happened to be in Tory-held ridings.

Yes, Finley — and Elvis Presley is not only still alive, he's giving a concert in Moose Jaw tomorrow night.

Given how bitterly partisan the Harper government has shown itself to be, no one should be surprised that this kind of thing is going on. The question is the extent of it.

If it is so rampant in respect to one program, in how many others is it going on as well? If the Opposition can prove it is

widespread, we may have new kings of pork.

The Liberals have difficulty scoring points on such issues. Given their record on the sponsorship scandal and Shawinigate they get beamed any time they complain about anyone else. Indeed, Finley remarked last week how rich it was of them to raise it.

But that shouldn't stop them — and the other opposition parties should be all over it. The Finley analysis would appear to suggest that if another government did it, so can we. But, of course, one of the reasons the Conservatives were elected was to clean up the previous government's act.

Judging by this file and several others dealing with clean government — secrecy, one-man rule, patronage, the Cadman affair, the in-and-out controversy, etc. — they have failed the test.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



## Worth mentioning

## Saudi Arabia may change laws after man marries eight year old

**LAWS** Saudi Arabia may ban marriage for girls below 18, a government minister said after a case of an eight-year-old girl marrying a man more than 40 years her senior drew international criticism and embarrassed the kingdom.

“Among the options that are available and excluding the issue of puberty, is to ban marriage for (people) under 18,” Justice Minister Mohammed al-Eissa told Asharq al-Awsat newspaper. He was responding to a question about his ministry's plan to deal with the marriage of young girls.

“A girl below 18 is often not fit to take the family responsibility, especially if she quickly gives birth (after marriage),” he said.

Saudi Arabia is a patriarchal society that applies an ascetic form of Sunni Islam which bans unrelated men and women from mixing

**“A girl below 18 is often not fit to take the family responsibility.”**

Justice Minister Mohammed al-Eissa

and gives fathers the right to wed their sons and daughters to whomever they deem fit.

Many Saudi clerics, including the kingdom's chief cleric Grand Mufti Sheikh Abdul-Aziz Al al-Sheikh, endorse the practice of marrying underage girls, arguing that in doing so they avoid spinsterhood or the temptation of engaging in relationships outside the wedlock.

A 50-year-old man in the small Saudi town of Onaiza agreed this week to divorce his eight-year-old bride.

REUTERS

## Views

# Youth depression can be beat, if treated



David Venn



Dr. Stan Kutcher

Melissa was in my office crying. At 18 years old, she had just returned from college feeling like a failure. Her interest in her friends and school had declined, and she had spent much of the last month in her room, avoiding classes and drinking. In addition, she was sleeping poorly and was not eating very much.

During our chat, she confessed that she felt her life was not worth living, and had thought about ending it with a fistful of pills. She

didn't think anything could help her feel better and would roll her eyes when I'd suggest something. Melissa was young, smart, attractive, considerate, thoughtful and depressed.

Depression is a mental disorder affecting about eight per cent of Canadian youth, usually starting between the years of 14 and 25. Depression is a serious illness that may negatively affect intimate relationships, academic and vocational success, and family relationships. Frequently, it's a life-long problem — more than 70 per cent of teenagers who experience an episode of depression will have another episode within five years.

Depression can be successfully treated. However, many young people with depression do not get the help they need. It may be confused with “normal teenage behaviour,” so instead of receiving help, the teen is ignored or criticized.

Fast-forward five months. Melissa bounced into my office. She didn't want to stay long because she was heading out with her friends. She laughed at one of her own jokes and teased me about my messy desk. Her mood was cheerful, and she was limiting her drinking to only a few beers on the weekends. She was sleeping better, working hard, and was spending her evenings out

## Stigma

• Because of the stigma attached to having a mental illness, some teens may choose to suffer in silence.

with friends or at dance class. She was planning to go back to university in the fall and wanted to study psychology to learn more about depression.

Melissa's story represents hope for young people living with depression. We know what depression is and how it can be helped.

It's time to stop stigmatizing people who have a brain disorder called depression and to encourage them to seek the treatment that can help. It's time to make sure the care that is needed is easily available. It's time Melissa's story is the norm, not the exception.

David Venn is a project co-ordinator on the Sun Life Financial Adolescent Mental Health Knowledge Translation Team. Dr. Stan Kutcher is the Sun Life Financial Chair in Adolescent Mental Health at Dalhousie University in Halifax, N.S.

## Metro Online Poll Results

63%  
SAID  
YES

Should cities accept corporate sponsorship to offset infrastructure costs?

38%  
SAID  
NO

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

**GM takes \$500 million in Canadian loans**

General Motors Corp.'s Canadian unit accepted \$500 million in short-term loans from the federal and Ontario governments yesterday to help it restructure in time to qualify for longer-term aid. The funding is to be used only for working capital while GM revamps ahead of a June 1 deadline imposed by Washington and Ottawa. **REUTERS**

9

# Business

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	C\$	85.22¢ US		\$54.47 US	
	US\$	\$1.1735		\$1.27	
	0.90¢				
					9,870.37
					373.41

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## The DAILY BUSINESS BUZZ

### New agricultural facility:

The federal government will pay \$277,000 for a new agricultural exhibition facility at the Middle Musquodoboit Exhibition fairgrounds. The 6,000-square-foot facility will expand the current exhibit space now used for the Halifax County Exhibition.

### Digby Harbour stairway:

The federal government announced Friday an investment of nearly \$25,000 in a 50-foot aluminum stairway to be installed in Digby Harbour, which will allow passengers of cruise ships and pleasure vessels to "disembark safely and more efficiently to explore the Town of Digby."

### Funding for St. Peter's:

The village of St. Peter's, one of the oldest European settlements in North America, is set to benefit from almost \$900,000 in provincial and federal money to implement a \$1,399,540 facade and streetscape improvement program.

Get the full stories delivered to your inbox every morning. Sign up today for the **DAILY BUSINESS BUZZ** [nsbj.ca](http://nsbj.ca)

## In brief

**UNIONS** Air Canada said yesterday it was seeking support from its unions for "a moratorium and other conditions on funding" its more than \$3-billion pension deficit, but the Canadian Auto Workers union warned against gutting the pension plans. **REUTERS**

## Outbreak hurts hog businesses

### Flu hitting production, orders

**North American meat-packing companies sliced pork production this weekend amid import bans and an apparent slide in retail orders due to the H1N1 flu, which has also caused exports from Canada to tumble, sources said yesterday.**

The hog market was reeling for a second week amid fears of the flu virus that has infected more than 1,000 people around the world. About 20 countries have banned imports of pork, pigs and other meat from the United States, Canada and Mexico.

For the first time, the current strain of flu was detected in a herd of pigs over the weekend. The animals, in Alberta, were infected by a person who had been to Mexico.

Canada Pork Interna-

## Exports

• Canada exported 1.1 million tons of pork last year, accounting for more than half of its production.

tional, an export promotion group, said pork exports have dropped 10 to 15 per cent since the virus was detected in the swine herd.

The number of hogs slaughtered by U.S. meat packers Saturday tumbled 63 per cent from a year ago, as the import bans took a toll on trade.

Buy orders from retailers also could be dropping, even though this strain of H1N1 flu is now passing from human to human and not being passed along by pigs. **REUTERS**

## RIM plans new version of Storm

**TECH** Research In Motion is planning a next-generation version of its touchscreen BlackBerry Storm smartphone as part of a continuing push into the retail market, its co-CEO said yesterday.

"We see this very large and untapped consumer market," Jim Balsillie said during a presentation to analysts and investors, adding that more than half of RIM's 25 million subscribers now fall into the non-corporate category.

Asked about whether

**"We see this very large and untapped consumer market."**

Jim Balsillie, co-CEO

the Storm — which debuted to mixed media reviews last year — has been a hit, Balsillie said "that product was a huge success in terms of sales and adoption."

The Storm was seen by many as RIM's answer to Apple's popular iPhone. **REUTERS**

## Chrysler/Fiat alliance challenged

**AUTO** A group of investment funds sought yesterday to block Chrysler's planned alliance with Italian automaker Fiat SpA.

The dissenting lenders led by Oppenheimer Funds and Stairway Capital argued in a New York bank-

ruptcy court that the sale proposal was "orchestrated entirely by the U.S. Treasury and foisted upon the debtors."

A lawyer for the group, Tom Lauria, said some identified publicly in the politically charged reor-

ganization have received death threats, "which they perceive as being bona fide."

Chrysler has asked to schedule a hearing as soon as May 21 to approve a \$2-billion US sale of most of its assets. **REUTERS**

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EDITOR: NINA.DRAGICEVIC@METRONWS.CA

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## Smart Cookies



Smart Cookies believe that just like any other healthy relationship, your relationship with money needs to involve an element of respect and kindness.

Improving your "wealth health" as we like to call it, can be done in a few easy steps:

- Ask yourself, what does my wallet say about me? Is your cash organized in a wallet or purse? Or are coins and bills crumpled and shoved away in a ragged old handbag? If you are serious about attracting more money into your life, you need to first treat the money you have with the respect and value it deserves.
- Make a list of how you are both respectful and disrespectful towards your



We base our human relationships on respect and kindness. But have you sized up your relationship with your finances? How do you treat what's in your wallet?

money. Do you spend money on others when you can't afford it? Do you wash your clothes, when they are still clean and could be worn a second

time? Do you wait until the last minute and send a package with express delivery, when it could be sent regular mail, with just a little bit of planning? We

are willing to bet that in the instances in which you have respected your money, pleasurable things have happened, while in the other instances, you have

**"Pay yourself first. We've all heard this before, but are we actually doing it?"**

experienced unhappy consequences.

• Be positive about money. Being a Smart Cookie is not about doom and deprivation. Rather it is about focusing on the positives and attracting more money into your life. If you grew up believing that money was evil, that you needed to hoard your money, or that to want to make money is selfish, you likely still allow these beliefs to control you and the way you approach life.

If you catch yourself talking about what you don't have, stop yourself. Instead, shift your thinking. Start focusing on what you really want and how it will feel once you have it. And of course, be grateful for what you already have.

• Pay yourself first. We've all heard this before, but are we actually doing it? Respect yourself and what your money can do for you in helping you reach your goals. Even if you can only afford \$25 each month,

make sure that that money is automatically transferred off the top each month into your dream fund.

• Respect your stuff. Although material items are just that, you need to respect them, and the amount of money you spend on acquiring them. Think of all the money you could have, if you stopped spending money on replacing things.

For more on figuring out what you really want out of life, go to our website, [smartcookies.com](http://smartcookies.com), and complete the "Perfect Day" exercise. If you have comments or questions, email us at [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca).

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

## Investing

Allan Small



Allan Small discusses how important it is to diversify. Visit [metronews.ca/investing](http://metronews.ca/investing)

## Even without a recession, always have a backup plan

## MoneyMatters

Henry Choo Chong

[metronews.ca/moneymatters](http://metronews.ca/moneymatters)

**Q** Two months ago, my husband's company reduced his work-week to four days. Last week, the company put all employees on two days of work per week. Under these circumstances, we cannot meet our financial obligations. What can we do?

— Olivia

**A** To quote a certain popular figure south of our borders: "It will get worse before it gets better." With many financial institutions awash in red ink, it's not surprising that other industries will follow. This past weekend made history, as Chrysler sought bankruptcy protection and filed for Chapter 11. The ripple effect will be felt in



With many financial institutions awash in red ink, it's no surprise that other industries will follow.

Canada, with many sectors directly and indirectly related to the auto industry. Unfortunately, many households require two income earners to keep their heads above water.

Losing almost one income earner can be devastating in many households. Part of a family's budget should have some contingency plan in place,

in the event of circumstances such as yours. Under normal circumstances, the possibility of a partner's job loss should be considered. In our current environment, it is much more of a reality.

Your husband should consider other employment, full-time and part-time. The job market in the next several months is

expected to become more competitive.

Seek other family support, emotionally and financially if they are able. Cut expenses that are not a necessity. Going out with the boys for drinks after work, for instance, is not a necessity.

Henry Choo Chong, CGA, can be reached at [choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca).

## Protect your family's finances

With the economic downturn, many families are adjusting their budgets and looking for maximum value. Insurance is an important component of a family's financial plan, as it can provide security in an uncertain time.

"The proper life insurance policy can minimize the financial impact of unfortunate situations by helping to safeguard your savings and preventing debt," said John Young, President and CEO, RBC Life Insurance Company.

Here are a few insurance tips:

• **Consider term insurance**  
A term life insurance policy can be purchased for a specific period of time — either 10 or 20 years and even longer. Term insurance can be both cost-effective and easy to understand with premium payments that stay the same for the term of the policy.

• **Review your needs**  
Look for a life insurance policy that matches your situation with the amount of income you would like to replace. An online insurance needs calculator can help assess your life

**"Look for a life insurance policy that matches your situation with the amount of income you would like to replace."**

insurance needs. You can find one at [rbclifeinsurance.com/lifeinsurance](http://rbclifeinsurance.com/lifeinsurance).

• **Be an early bird**

Life insurance can be more affordable when you're younger. Starting early will give you a head start on protecting your family and saving money.

• **Get expert advice**

Discuss your insurance needs with a knowledgeable insurance adviser from a company you trust.

• **Cut costs**

Many insurance companies will offer discounts if you bundle your life policy with another insurance product.

More information can be found online at [rbclifeinsurance.com/lifeinsurance](http://rbclifeinsurance.com/lifeinsurance) or toll-free at 1-800-991-0707.

NEWS CANADA

**For business owners**

If you run a business, do your employees know about your company attitude towards social responsibility? Do they know your corporate philanthropy partners? Are there opportunities for employees to roll up their sleeves and pitch in? Visit [orendaconnections.com](http://orendaconnections.com) for more tips. **NEWS CANADA**

business **11****Your Money**

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

## Make your money work for a good cause

**The purchasing power of consumers is greater than one might think. Buying a product from a socially responsible manufacturer known for giving back, is the best illustration of support a consumer can**

**give. It also encourages other brands to be more socially responsible too.**

"Take a look at this recent Edelman study involving 6,000 consumers across 10 countries," says Peggie Pelosi, president of

Orenda Connections, a Toronto-based consultancy for strategic philanthropy programs:

- 80 per cent feel that during a recession, it is still important for brands and companies to set aside

money for a social purpose;

- 68 per cent say that during a recession, they would remain loyal to a brand if it supports a good cause;

- 42 per cent say that when comparing two products of

the same quality and price, a commitment to a social purpose trumps factors like design and innovation (30 per cent) and is far more important than brand loyalty (27 per cent).

NEWS CANADA



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Mine That Bird is headed to the Preakness. The trainer of the former Canadian two-year old male champion who won the Kentucky Derby at 50-1 odds said his horse will run in the May 16 second leg of the Triple Crown. **METRO NEWS SERVICES**

# Sports



**"We all know who the real No. 1 is ... Quite frankly, I'm the best in the world."**

Serena Williams at the Italian Open yesterday, on being overtaken in the WTA rankings two weeks ago by Dinara Safina. The Russian Safina, who holds the No. 1 ranking despite never winning a Grand Slam title, says her position is well-deserved. "Last year I won four titles," she said. "So I think I belong to this, because this doesn't come out of sky." **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONEWS.CA

## Ovechkin wins Washington hat party, Caps take 2-0 lead

Alex Ovechkin notched his first career playoff hat trick, leading the Washington Capitals to a 4-3 decision over the Pittsburgh Penguins in Game 2 of their Eastern Conference semifinal battle in Washington last night.

David Steckel provided the other goal for the Capitals, who lead the set 2-0 and hadn't won the first two games of a playoff series since the 2003 Eastern quarterfinals against Tampa Bay.

Viktor Kozlov and Sergei Fedorov each contributed two assists and Simeon Varlamov stopped 33 shots.

Sidney Crosby equaled his Capitals counterpart with a three-goal game for the Penguins, who have not faced an 0-2 series deficit since the 2008 Stanley Cup Finals with Detroit.

Marc-Andre Fleury allowed four goals on 33 shots in the setback.

The series shifts back to Pittsburgh for Game 3 tomorrow night.

Ovechkin rocketed home a dish by Mike Green from the left circle, and the Caps led 3-2, with 7:07 left in regulation.

The go-ahead score came just four seconds af-



Alex Ovechkin celebrates his third goal last night.

ter Pens forward Evgeni Malkin was sent off for tripping.

He finished off the hat trick almost 2 1/2 minutes later, using Pittsburgh defenceman Sergei Gonchar as a screen and ripping a wrister high over Fleury's glove for a 4-2 Washington lead.

Caps defenceman Milan Jurcina was whistled for cross-checking with 1:41 left in the contest, and went 6-on-4 with Fleury on the bench for an extra skater.

Varlamov stopped Gonchar and Bill Guerin at the

side of the net in the final minute, before Crosby registered his own trifecta by bunting the puck just inside the left post and crossbar with 30.4 remaining.

That was as close as the visitors came until the final buzzer.

As he did in Game 1, Crosby notched the first goal of the contest, slipping home the rebound of Gonchar's point drive for a power-play score 6:38 in to the first period.

Varlamov stopped Kris Letang on a short-handed breakaway at the end of

the Caps' second man-advantage, then got the tip of his glove while falling backward on a Gonchar blast as the Pens skated 5-on-3 late in the period.

Ovechkin opened the scoring in the second at 2:18, unloading a hard shot from a Kozlov dish in the left circle, then Crosby struck at 10:57, batting in his own rebound from inside the crease.

Steckel evened the game, settling Tyler Sloan's errant shot at the right post and slamming it home with 4:11 left in the second. **METRO NEWS SERVICES**

## NBA Playoffs Magic pound Celts



Dwight Howard goes to the net last night. Orlando led by as much as 28 and beat Boston 95-90 to open a 1-0 lead in their Eastern Conference semifinal. For a recap of Game 1 of the Rockets/Lakers series, visit [metronews.ca/sports](http://metronews.ca/sports).

## LBJ has his MVP

**NBA** LeBron James has been named the NBA's Most Valuable Player, making him the first Cleveland Cavaliers player to win the award.

James garnered 1,172 points, including 109 first-place votes out of a possible 121, and was well ahead of the second-place finisher, Kobe Bryant of the Los Angeles Lakers. Bryant finished with

698 points and two first-place votes, while the Miami Heat's Dwyane Wade was third with 680 points and seven first-place tallies.

The news was announced yesterday at a press confer-

ence at James' old high school, St. Vincent-St. Mary, in Akron, Ohio.

James averaged 28.4 points, second in the league to Wade (30.2), to go along with 7.6 rebounds and 7.2 assists. His seven triple-doubles were the most in the league.

"If you know me, individual accolades I never really get high on," James said.

"This is like a team award. For me individual accolades come when team success has happened," James said. "You look at those 14 guys over there. I got this award because of them."

**METRO NEWS SERVICES**

### SCOREBOARD

#### NHL

##### YESTERDAY'S RESULT

Washington 4 Pittsburgh 3

##### TONIGHT'S GAMES

Vancouver at Chicago

Detroit at Anaheim

#### NBA

##### YESTERDAY'S RESULTS

Orlando 95 Boston 90

Houston at L.A. Lakers

##### TONIGHT'S GAMES

Atlanta at Cleveland

Dallas at Denver

#### WHC RESULT

**Finland 4, Canada 3 (SO)**

**IIHF** Hannes Hyvonen scored the game-winner in the shootout, as Finland earned its way into the quarterfinals with a 4-3 de-

cision over Canada in the Group F finale. Niko Kapanen, Tuomas Pihlman and Anssi Salmela tallied for the Finns, who had to win in regulation in order to finish first in the group.

Pekka Rinne stopped 29 shots in regulation.

Dany Heatley picked up

two goals for the Canadians, who finished first in Group F and will face Latvia, the fourth-place nation from Group E, in a Thursday quarterfinal. Dwayne Roloson made a spectacular 50 saves in regulation.

**METRO NEWS SERVICES**

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**Dal's Ota to be assistant at University Games**

Dan Ota of the Dalhousie Tigers has been named an assistant coach for the Canadian men's volleyball team at the FISU World University Games in Belgrade, Serbia, from July 1 to 12. Montreal's Georges Laplante is the head coach.

METRO HALIFAX

# Mooseheads star leaving?

Jan Stransky 'returning home,' says report on Czech club's website

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**The Halifax Mooseheads are scrambling to confirm whether one of their top scorers is headed out of town.**

An Internet report published on the official website of the Czech hockey club Plzen states that Mooseheads winger Jan Stransky is "returning home after a year overseas."

But neither Halifax Mooseheads general manager Cam Russell nor Stransky's agent, Petr Svoboda, had a clue what was going on when reached yesterday afternoon.

"I'm making phone calls right now to figure it out," said Svoboda, who has a partner who handles most of his junior-aged clients. "I know nothing about it at this time."

Said Russell: "I don't know if it's true or it's a rumour. I talked to Petr two weeks ago and he said Jan loved his time here, he was happy, and he was coming back."

The Mooseheads, coming off a last-place finish, are hoping to have Stransky's situation resolved on Tuesday.

Stransky, acquired in December with the Gatineau Olympiques, was the Mooseheads' leading scorer from Jan. 1 on, accumu-



An online report says Halifax Mooseheads winger Jan Stransky will be leaving the team.

lating 12 goals and 14 assists for 26 points in 25 games.

He had terrific chemistry with Mooseheads assistant captain Tomas Knotek, earning QMJHL offensive player of the week twice. He might have produced even more if he hadn't played through a bad flu bug in February.

"You never know ... With kids, somebody can come along and offer you a

professional contract," said Russell. "That's the problem (for us) with Europeans — they have the option to play pro hockey in their home country."

If the Stransky report is true, it will sting a little more that Mooseheads general manager Marcel Patenaude traded the No. 1 overall pick in the Canadian Hockey League import draft just before he was fired. That pick landed de-

fenceman Pascal Amyot from the Saint John Sea Dogs.

The Sea Dogs might use Halifax's pick on Russian Kirill Kabanov, a candidate to go No. 1 in the 2010 NHL draft. The Mooseheads have the Sea Dogs' pick at No. 28.

Russell said there should be no issue with the return of Knotek, who led the Mooseheads with 49 points.

# Rainmen strike new travel deal

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**BASKETBALL** It will cost the Halifax Rainmen more, but they will be back in the Premier Basketball League in 2010.

The PBL has completed negotiations with the Rainmen and invited them back for another season after officially finalizing the details of a special travel arrangement yesterday.

The Rainmen, who have one of the highest attendances in the league, paid 100 per cent of their own travel and 20 per cent of travel costs for teams visiting Halifax last year. For all other teams, the PBL covered travel costs across the board.

Under the new deal, the Rainmen are on the hook for even more. But neither side would say how much more.

"It's a little bit more than (last year)," said Rainmen owner Andre Lev-

ingston. "I don't want to give a number but we definitely have to cover a little bit more than that. I guess from their perspective it cost a lot to send teams to Halifax and we made sure it was a fair number. I don't have a problem with that."

PBL chairman Severko Hrywnak caused a stir in March when he told

Metro Halifax the "costs are astronomical" to keep the Rainmen in the league and that if you "look at this is as a business model ... Nobody would have Halifax in."

At that time, Levingston balked at paying more for travel, but yesterday, he said the Rainmen's strong financial position enabled him to accommodate the PBL's request.

"We can do things in Halifax that some other teams can't do financially," he said. "We want to keep basketball in Halifax and we got a deal done and moved forward."

## Sports in brief

**QMJHL** The Drummondville Voltigeurs will look to resume their winning ways tonight when the QMJHL final resumes. The Voltigeurs, locked in a 1-1 tie with the

Shawinigan Cataractes in the best-of-seven series, saw an impressive 21-game winning streak snapped on Saturday with a 5-3 loss.

METRO HALIFAX

## United Way of Halifax Region 83rd Annual General Meeting

Thursday, May 21, 2009 at 3:30 p.m.

World Trade and Convention Centre

Level 3 Atrium (take escalator to the third floor)

1800 Argyle Street, Halifax, NS

1. Please note that in accordance with By-law #1 Article 4.03 (A) that: the report of the Governance Committee is available at the offices of the Corporation, 7th Floor, Royal Bank Building, 46 Portland Street, Dartmouth, NS, B2Y 1H4;
2. Additional nominations may be made in writing signed by at least ten (10) members\* and shall be received by the secretary not less than seven (7) days prior to the Annual General Meeting, together with a statement in writing signed by such nominee indicating a willingness to serve as Director if elected [By-law #1 Article 5.04-(b)]; No candidates, other than the nominated as set out above, shall be eligible for election at the Annual General Meeting.
3. Employees of United Way of Halifax Region and of Funded Agencies are not eligible to sit on the Board of Directors. (By-law 5.03).

\* Members of the Corporation are persons who are residents within the boundaries of the Halifax Regional Municipality or the Municipality of East Hants and who uphold the mission and objectives of the Corporation.

Catherine Woodman, CEO  
United Way of Halifax Region



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EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

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## Rejuvenate your routine

Try these expert tips to keep your body healthy and strong

### Health in brief

**EXERCISE** People who put off regular exercise until they hit the age of 50 can still benefit from physical activity but it appears to take 10 years for the effects to kick in, Swedish researchers said recently. A study of 2,205 Swedish men followed for more than 20 years from the age of 50 showed that exercise made no difference in premature death rates for at least a decade for those who waited until later in

life to start physical activity. "It has been shown that young people benefit from exercise but this is the first time we have been able to show that old people can also benefit from increasing their physical activity," Liisa Byberg, a researcher at Uppsala University in Sweden, said. "It's not too late to start." The researchers put the volunteers into low, medium and high activity groups.

REUTERS

 LAURIE PAWLICK-KIENLEN  
 for Metro Canada


#### 1. Go barefoot for whole-body health

If you refuse to wear shoes in the summer, you may enjoy better blood circulation, a happier mood, stronger bones and better posture.

According to Barefoot in Toronto, a group that promotes a barefoot lifestyle, barefoot walking increases

skin health, reduces foot calluses, builds arch strength and enhances sensory stimulation. Going barefoot also creates healthier toenails and reduces foot odour.

#### 2. To burn fat, don't sweat it

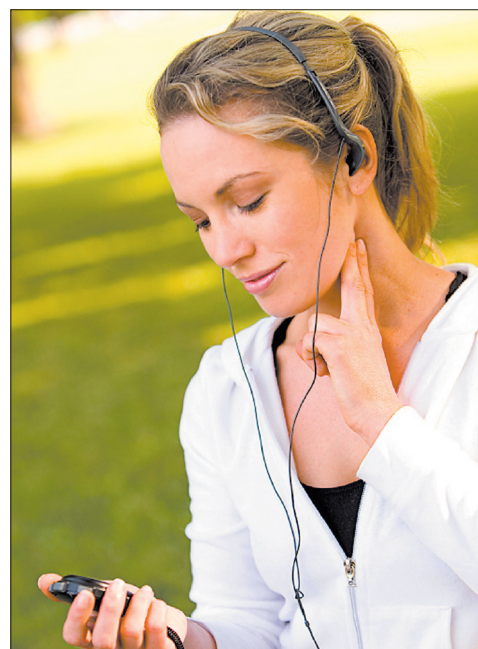
Sweat signals a rising body temperature, not necessarily an increased calorie burn (although most of us will sweat as we work harder). "In the sauna you'll sweat buckets but you aren't burning fat," says Brad Schoenfeld, author of 28 Day Body Shapeover.

"The best indicator of calorie burn is either heart rate or a rating of perceived exertion (RPE)." RPE is a self-report scale that ranges from one (complete rest) to 10 (maximum effort). High intensity equals increased heart rate, which equals more fat burn.

#### 3. Yell to increase fitness levels and self-confidence

IntenSati is "active meditation" — a fitness program that uses the voice and mind to intensify physical workouts. Participants say or shout empowering affirmations while kicking, jumping or lunging. For example, while punching, they yell, "I. Am. Strong. Now!" These motivational phrases boost confidence and distract participants from feeling fatigued, which increases the workout benefits.

If you can't join the program, you may want to try



The best indicator of calorie burn is heart rate or a rating of perceived exertion (RPE), a report scale that ranges from one to 10.

this one in the privacy of your home gym.

#### 4. Bond to increase motivation and focus

"It's not necessarily resistance training, cardio or core work that keeps you fit," says Florida-based John Kent, owner of Adventure Boot Camp for Women. "It's meeting with others."

Healthy bonding moments — such as running hills or attending Pilates classes in a group setting

— keep you motivated and focused on your fitness goals. (Learn about how one reader found motivation in a cycling fundraiser, and in group spin classes.)

[besthealthmag.ca](http://besthealthmag.ca)


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# May 5th is World Asthma Day

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THE  LUNG ASSOCIATION™  
Nova Scotia

www.ns.lung.ca  
443-8141

Children with asthma often avoid games and sports because physical activity can trigger a flare-up of their symptoms.

The Lung Association of Nova Scotia believes it's important for kids to be kids, and establish a healthy lifestyle early on in life. This year, they are celebrating the 20th Anniversary of Camp Treasure Chest, a camp for kids with asthma, and rolling out a brand new program called Asthma Aware, that keeps children with asthma in the game.

Spring is a particularly difficult time for children with asthma. The desire to get outside and play is overwhelming, but so is the spring pollen and damp weather on their lungs! Just when all the other children pick up their bats and balls and head for the field, children with asthma often head for the emergency room with an asthma attack triggered by the environment. In Nova Scotia, asthma is a leading cause of hospital visits

for children, and a primary reason for missing school. We have the highest rate of asthma for both children and adults in Canada.

The Lung Association of Nova Scotia is taking action to keep children with asthma active and healthy with a new program in 2009 called Asthma Aware. A made in Nova Scotia solution, this new program addresses the serious nature of respiratory illness here in our province. With more than 27,000 children and 53,000 adults living with asthma, the need for education and programs has never been greater.

Asthma Aware is a new training program for adults who have children in their care. Similar to a first aid or CPR training program, Asthma Aware will give minor sports coaches, teachers and others the "need to know" information required to prevent or support a child's asthma flare-up before it becomes a serious asthma attack. This program will give adults the

confidence they need to encourage a child with asthma to play, and the child the confidence and freedom to play, knowing there is a supportive adult nearby.

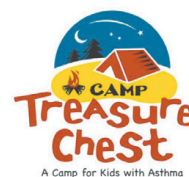
For 20 years, The Lung Association of Nova Scotia has hosted a week-long camp experience for children with moderate to severe asthma who

are unable to participate in camps with their peers. Thousands of children with serious asthma problems have had a safe camp experience they will never forget!

Supervised by a volunteer team of respiratory therapists, nurses, doctors and camp counselors, each child can attend for a nominal cost, with the majority cost covered by the Lung Association of Nova Scotia. Designed for children ages 8-12, Camp Treasure Chest is a pivotal experience that encourages self-care while building self-confidence and self-esteem, preparing kids for exciting challenges ahead.

Your Lung Association is com-

mitted to educating and supporting children with asthma because reaching them, educating them and encouraging these children now, helps them manage their illness effectively and reach their highest potential. Investment in their lives now has a far-reaching effect that they have witnessed time and time again.



Applications for Camp Treasure Chest are accepted until May 30.  
1(888) 566-5864. www.ns.lung.ca



 Asthma Aware

If you are a coach, teacher, guide or scout leader, or caregiver of a child with asthma and would like to see an Asthma Aware training session in your area, please contact the Lung Association of Nova Scotia.

## Seeking Smokers

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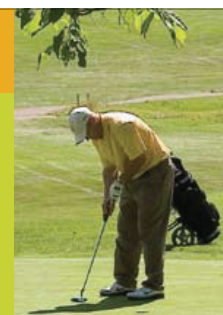
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## Stella joins influential list

Stella McCartney has been named in Time magazine's list of the world's most influential people. The designer managed to find herself sandwiched between British Prime Minister Gordon Brown and U.S. President Barack Obama. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

17

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

## Period drama

Sex And the City actress Sarah Jessica Parker is turning her back on ultra-modern fashion — she is eyeing a part in an elaborate period drama. "I'd love to do a costume drama," she said. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)



# Star Trek series boldly reborn

New recruits ready to take control of the USS Enterprise

NED EHRBAR  
for Metro Canada

In revitalizing the more than 40-year-old Star Trek franchise — which hits theatres Thursday — J.J. Abrams knew that no aspect was more important than casting the crew of the USS Enterprise.

And while the challenge of finding actors to take on some of the most recognizable characters in film and television history was daunting, it was nothing compared to what the actors tasked with those roles faced.

In getting into the character of Spock, Zachary Quinto was lucky enough

to have one of the best resources available right on set: Leonard Nimoy, the original Spock, who also appears in the film. "He was so available and supportive and open to my questions, many of which had to do more with the impact playing this character had on his life," Quinto says.

What came as a surprise to Quinto was how much time he ended up spending on one small but iconic aspect of Spock. "I did a lot of hand exercises to make sure I could do the Vulcan salute," he remembers. "I would rubber-band my pinky and my ring finger together and drive around L.A. because I



The crew of the USS Enterprise includes, from left, Chekov (Anton Yelchin), James T. Kirk (Chris Pine), Scotty (Simon Pegg), Bones (Karl Urban), Sulu (John Cho) and Uhura (Zoë Saldana).

couldn't do it at first."

While Quinto had the luxury of interacting with his predecessor, Chris Pine only had the long shadow of William Shatner to contend with. (The two actors didn't meet in person until a charity event in L.A. two

weeks ago.) But Pine says he preferred not having the original Capt. Kirk hanging around. "I won't lie, I am jealous of Zachary's relationship with Mr. Nimoy," Pine says. "But I know that if I had the kind of indomitable presence of Mr.

Shatner on set, it would've been hard for me to carve my own niche."

John Cho, who inherits the role of Sulu from George Takei, also had to tread carefully when developing his character. "He's got that voice, and he's be-

come quite the icon as a person and as an actor," Cho explains. "I flirted with the idea a little bit, but it seemed like a very bad idea to do an imitation."

Karl Urban felt doubly responsible, being an actor as well as a longtime fan of Star Trek. As the acerbic Dr. (Bones) McCoy, DeForest Kelly was a major scene-stealer, and Urban doesn't disappoint. "It was quite surreal to be on the bridge of the Enterprise and to be saying some of those truly iconic lines," he says.

"The task for me was to try and identify the spirit and essence of the wonderful work that DeForest Kelly did and funnel that through my interpretation of what that character would be. There were many times where I wasn't quite sure where the line was."

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/5/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Scrubs	Better Off Ted	Dancing With the Stars	Cupid (N)
	7	7	7	ASN	The Road to Avonlea	To Be Announced	Instant Star	TMZ (N)	Reaper (HDTV) (N)	Dancing With the Stars	Without Trace	
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Des saquelettes	Tout	NHL Hockey: Western Conference Semifinal Game 3 - Canucks at Blackhawks	Les Galas 2007 du Festival	Le Téléjournal	
	2	2	2	CBC-F	Urgences (SC)	The Insider (N)	Entertainment	NCIS "Legend" (N)	Beautés désespérées (SC)	The Mentalist (HDTV) (N)	Without Trace	
	32	32	32	CBS	News (N)	Evening News	Qui perd gagne (SC)	La Fière de la danse (SC)	Nos étés (SC)	Durham County	TVA 22 heures	
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	90210 (HDTV) (N)	NCIS "Legend" (N)	American Idol	(10:01) Fringe (N)	News (N)	
	6	6	6	CHIF	Entertainment	ET Canada	Law & Order: SVU	Podium TV	(10:01) Fringe (N)	EastLink Television		
	9	9	9	CJCH	etalk	Hollywood						
	10	10	10	ELTV	(6) EastLink Television							
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	American Idol			
prime	12	12	12	NBC	News (N)	NBC News	Extra (N)	The Biggest Loser (N)				
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour	CBC News: The National	National	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Business Rpt.	Worldfocus	Nova (HDTV) (DVS)	Frontline "Sex Slaves"	Highlights	
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (HDTV) (DVS)	Killing Hitler	Pushing Daisies (SC)	110 pour cent	
	68	68	68	TQS	Rire et délire	Chemin du golf	Loft Story	Suite 309	Lipstick Jungle Le film. (SC)	Squeeze Play	Market Call	
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV Business News	Squeeze Play	Market Call	
	18	18	18	CNN	Situation Room-World Blitzer	Lo Dobbos Tonight			Campbell Brown: No Bias	Larry King Live (N)	Cooper 360	
	54	54	54	GOLF	Live From the Players Championship (HDTV) (Live)				The Approach	Inside PGA	Live From the Players Championship (HDTV)	
	52	52	52	RSE	Hockey Central	Sportsnet Con.	MLB Baseball Boston Red Sox at New York Yankees. From Yankee Stadium in the Bronx, N.Y.				Sportsnet Con.	
	55	55	55	SCOR	HSR	Cabby Unlimit	NBA Basketball Teams to Be Announced. (Live)				Score Tonight	
sports	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!	
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey	UEFA Champions League Soccer: Semifinal, Leg 2 - Arsenal vs. Man Utd			Hot Import	
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	
	44	44	44	TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	Futurama	American Dad	
	26	26	26	TREE	Ni Hao, Kai-Lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Maggie-Beast	
	27	27	27	TYT	Drake & Josh	iCarly	Survive This	Survive This	Malcolm-Mid.	Futurama	Family Biz	
	16	16	16	A&E	Cold Case Files	CSI: Miami "Deviant"	Wings-Canada	Storytellers	Wapost Bay	Cashing In	Fish Out	
	70	70	70	APTN	News (N)							
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)							
	37	37	37	BRVO	Street Legal	The Long Song (DVS)						
family	25	25	25	CMT	Cross Canada Countdown							
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Home Improve.	Home Improve.	Reba	
	153	153	153	COURT	Killer Next Door		World's Wildest Police Videos	Body-Evidence	Dumb Criminal	Killer Forensics	South Park	
	38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)	How It's Made	How It's Made	Destroyed	Time Warp (N)	
	34	34	34	HGTV	Holmes-Homes	Holmes-Homes	House Hunters	Property Virgin	HGTV's Top 10	Dirty Business	SarahCottage	
	46	46	46	HIST	Crime Stories	NCIS "About Face"	One Tree Hill	Sandhogs "Meltdown"	Instant Star	Instant Star	Crime Stories	
	17	17	17	MM	CollegeHm	Video on Trial	The Daily Fix				CollegeHm	
	19	19	19	MMM	mmtp10.ca						Hogan Knows	
	201	201	201	M1	(6:30) Disturbing ** (2007, Suspense)						The Bucket List (2007, Comedy-Drama)	
	48	48	48	OLN	The Amazing Race	Dog the Bounty Hunter					Mantracker	
cable	51	51	51	PEACH	Seinfeld	Friends	MLB Baseball New York Mets at Atlanta Braves. (HDTV) From Turner Field in Atlanta. (Live)					
	206	206	206	PDX	(6:15) Black Rain (1989, Crime Drama)							
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)			
	39	39	39	SHOW	Wife Swap	The Outer Limits	Skin Deep	Til Debt-Part	Rich Poor	Rich Poor	Rich Ride, Poor Bride	
	40	40	40	SLICE	The Mom Show	Stargate Atlantis	CSI: Crime Scene Investgnt.	The Ellen DeGeneres Show (N)	TMZ (N)	etalk	Look-A-Like	
	47	47	47	SPACE	Stargate SG-1	CSI: Crime Scene Investgnt.	The Ellen DeGeneres Show (N)	Kids by the Dozen	Lottery Changed My Life	18 Kids-Count	18 Kids-Count	
	14	14	14	SPIKE	CSI: NY (HDTV)	etalk	Hollywood	Vanity Insanity	Tube Tales	Seinfeld	Raymond	
	57	57	57	STAR	etalk	Hollywood						
	21	21	21	TLC	What Not to Wear	What Happen?	What Happen?	Survive	Murder, She Wrote	Judging Amy	Will & Grace	
	56	56	56	34	TROP	Que-champion	Journal de Fr2	Survive	Murder, She Wrote	Judging Amy	Will & Grace	
variety	20	20	20	TVS	Doc (DVS)							
	28	28	28	V	Mysterious Ways	Style by Jory	Evening News	Two/Half Men	Family Guy	Reaper (HDTV) (N)	90210 (HDTV) (N)	
	22	22	22	W	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reaper (HDTV) (N)	90210 (HDTV) (N)	WGN News	
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reaper (HDTV) (N)	90210 (HDTV) (N)	WGN News	

## critics' corner

### Fringe

Olivia (Anna Torv) starts having elaborate (and wide-awake) visions. Walter (John Noble) confesses his previous knowledge about the Z.F.T. manifesto. Peter's (Joshua Jackson) secret project is exposed, yielding some unexpected help in unraveling the mystery in the new episode "The Road Not Taken." 10:01 PM on CJCH FOX



### At the Concert Hall

Formerly called "Live at the Rehearsal Hall" before its television home was purchased by another network, this concert series debuted its new name in the summer of 2008 with a performer known by different names: Dallas Green of Alexisonfire fame. He's an eclectic musician and relishes the opportunity to play a variety of musical styles for fans of the rock group and his more mellow solo act, City and Colour. 9 PM on BRAVO

### Saving Grace

Get your protective gear on because the season finale packs multiple wallops. Leon's (Bokeem Woodbine) execution date is fast approaching, and Grace (Holly Hunter) is trying desperately to get him a pardon. But she's more than a little freaked out when she has a dream about being shot... and finding out Rhetta (Laura San Giacomo) had the same dream. 11 PM on SHOW

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### For May 5th

- Pussy Cat Dolls - Jai Ho
- Keri Hilson ft. Kanye West & NEYO - Knock you down
- Jesse McCartney - How do you sleep
- Flo Rida - Sugar
- Ciara & J.T. - Love Sex & Magic
- Jamie Foxx ft. T Pain - Blame it
- Britney Spears - If you seek Amy
- Black Eyed Peas - Boom Boom Pow
- 3OH3 - Don't trust me

### WE WANT YOU!

You could guest host the Interactive NINE@9 with Special Ed. Email: [special@1013thebounce.com](mailto:special@1013thebounce.com)





Hugh Jackman will produce and star in a screen adaptation of Doug TenNapel's graphic novel *Ghostopolis*, about a supernatural immigration task force agent who teams up with a female ghost to retrieve a boy accidentally sent to the other side. **THE HOLLYWOOD REPORTER**

**Jackman crossing over**

## Celebrity Buzz

### Meeting Bruno traumatic: Paula

**PEOPLE** Paula Abdul says meeting Sacha Baron Cohen in character left her traumatized for a year, femalefirst.co.uk reports.

The American Idol judge — who had no idea she was being filmed for Cohen's latest alter-ego, flamboyant Austrian fashion reporter Bruno, for his new movie — said: "It was hysterical, but it was so disturbing."

"It is the most interesting, wacked-out situation that happened to me. I was scarred for my life for a year. I walk into the home, and I'm greeted by this futuristic Captain Nemo-looking dude with a Mohawk and he's flaming. And I'm going, 'Oh, this is going to be one of those fun Japanese game shows.' I'm like, 'OK, this is weird.'"



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NEWS

### The Hoff suffers alcohol poisoning?

**HEALTH** David Hasselhoff was reportedly found unconscious at his home in Encino, Calif., due to alcohol poisoning, according to radaronline.com.

He was allegedly "barely breathing when they got him to the hospital," a source reportedly says to the website. "This is about the seventh time he's been taken to a hospital over the last few years with alcohol poisoning."



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WORLD  
NEWS

## Not retiring yet: Naomi

**CAREER** The supermodel Naomi Campbell has herself dismissed reports she's retiring from the runway to start a family — and says she's not finished with fashion yet, femalefirst.co.uk reports.

The 39-year-old recently revealed she dreams of motherhood and one day plans to slow down her career — prompting speculation she wants to retire and settle down with tycoon boyfriend Vladislav

Doronin. She said, "It'll be 25 years (as a model) next year. In terms of fashion shows, I don't really see myself doing every show everywhere. I'm a woman and I'd like to be a mother one day."

But she's not ready to quit just yet. Her



spokesperson told the website earlier this week, "She's absolutely not retiring from fashion. She loves what she does for a living and she's not planning to retire."

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## Arnie's Terminator passé: Bale

**MOVIES** Christian Bale says Arnold Schwarzenegger is no longer relevant to the Terminator movie franchise, femalefirst.co.uk reports.

The Terminator Salvation star — who stars in the forthcoming latest instalment of the sci-fi series — says the new blockbuster is dramatically different from when the 61-year-old actor-turned-

politician played the title character in 1984.

He said: "Terminator 2 is the original nightmare of just being pursued that everyone has, by somebody who just will not stop, never stops, doesn't



give up. When you've got someone who looked like Schwarzenegger coming after you it made a big difference but nowadays, it wouldn't really — we've seen so many guys who imitated him and it just became a little passé."

Although pleased with the results, Bale says disassociating the movie from Schwarzenegger's cyborg assassin role in the sci-fi hit *The Terminator* was a challenge.

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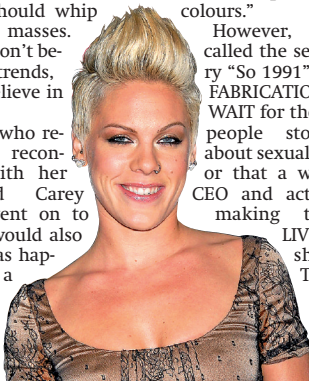
## Not just a song: Pink's coming out

**SEXUALITY** Grammy-winning singer Pink has talked about her sexual encounters with women in the past — but in a new interview, the singer talks for the first time about being bisexual, *The Advocate* reports.

"I'm not embarrassed about being bisexual," Pink told the U.K.'s *News of the World*. "This is who I am. Love is pure and I try to keep it that way. This is who I am, what I feel. I think it's unnecessary to draw the subject out, but I think it even more stupid not to

discuss it. It seems as if bisexuality is a trend and I should whip up the masses. Well, I don't believe in trends, I just believe in me."

Pink, who recently reconciled with her husband Carey Hart, went on to say, "I would also be just as happy with a new woman. I'm not compli-



cated, I sing about love in all its shapes, forms and colours."

However, Pink has called the sexuality story "So 1991" and "100% FABRICATION." "Can't WAIT for the day when people stop talking about sexual preference or that a woman is a CEO and actually start making the world LIVEABLE," she wrote on Twitter.

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## Jenny heads to TV land?

**TELEVISION** The outspoken Jenny McCarthy is joining forces with TV's queen of talk, Oprah Winfrey — for, among other projects, her own talk show, people.com reports.

For starters, according to the Hollywood Reporter, McCarthy, 36, has already launched her own blog on oprah.com. Friday's entry concerned PMS and sugar. The trade paper likens McCarthy's

chances to break through to those others who previously have aligned with Winfrey, including Rachael Ray and Dr. Phil.

McCarthy has already been a frequent guest on The Oprah Winfrey Show, discussing, among other topics, how she took on the medical establishment to deal with her son Evan's autism.

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## Maggie and Peter wed

**MARRIAGE** Maggie Gyllenhaal and Peter Sarsgaard made it official on Saturday: The longtime couple, who have a daughter together, tied the knot in a romantic wedding in Italy, people.com reports.

"We are happy to confirm that Maggie and Peter were married on Saturday, May 2," the actress' rep said in a statement to

People. The celebration took place in a small chapel in Brindisi, according to European news reports. Among the guests were Jake Gyllenhaal and Reese Witherspoon.



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GETTY IMAGES

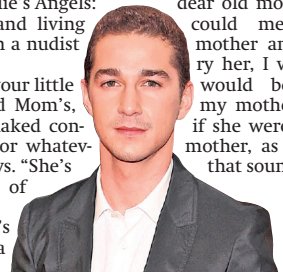
## Shia's Oedipus complex?

**CONFESSION** Transformers star Shia LaBeouf opens up to *Playboy*, telling the magazine about the trials of going through puberty on the set of *Charlie's Angels: Full Throttle* and living in a home with a nudist mother.

"You've got your little buds over, and Mom's, like, playing naked connect the dots or whatever," LaBeouf says. "She's in the middle of goddess-group time, where it's literally a

bunch of naked women tracing auras around one another's bodies."

When asked who he finds sexy, LaBeouf says it's dear old mom. "If I could meet my mother and marry her, I would. I would be with my mother now, if she weren't my mother, as sick as that sounds."



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## Beckhams moving to Milan?

**CAREER** Looks like David and Victoria Beckham's time in Los Angeles could be over soon.

The pair was reportedly house hunting over the weekend in Milan, where Beckham has made it clear he would love to play.

"Victoria flew to Milan on Friday ahead of David's birthday celebrations and plans to see

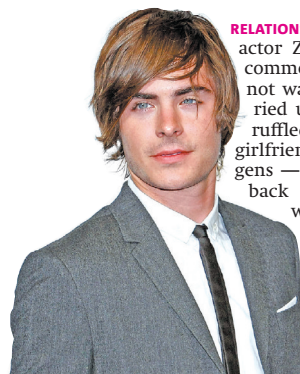


several properties during her trip," a source tells the *Daily Mail*. "Victoria hated the idea of moving to Milan at first but she's warmed to it."

The couple reportedly plans to divide their time between L.A. and Milan until Beckham's contract with the L.A. Galaxy is up.

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## Zac in bind after marriage quip



**RELATIONSHIP** Sources say actor Zac Efron's recent comments to *GQ* about not wanting to get married until he's 40 have ruffled the feathers of girlfriend Vanessa Hudgens — and she's getting back by saying she wants to date other men.

"When Vanessa heard about Zac's plan to stay single for the next couple of decades she was

shocked and shattered. She'd secretly hoped for an engagement ring within the next year or two," a source tells the *National Enquirer*.

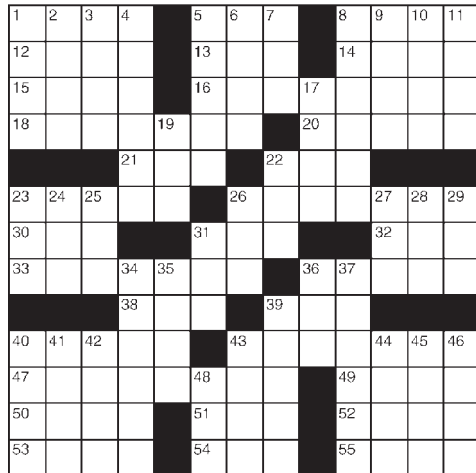
"Zac's totally upset. He doesn't want Vanessa dating anyone else."

"Even though he's not ready to commit himself to settling down at this stage of his young life, the thought of Vanessa in another man's arms drives him crazy."

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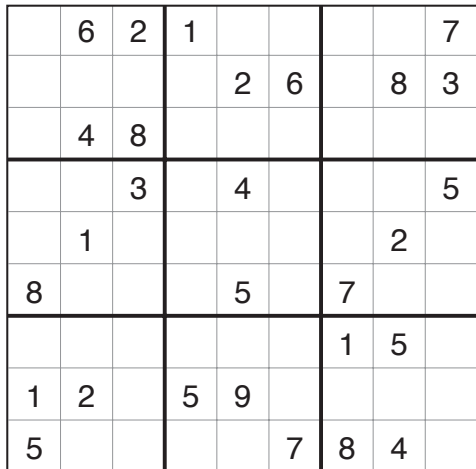
For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)



## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



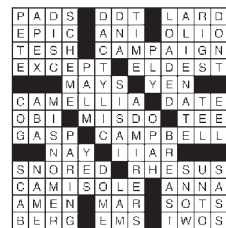
## Crossword across

- 1 Amorphous movie monster
- 5 Zero
- 8 Cold War initials
- 12 Philbin's co-host
- 13 Raw rock
- 14 Entreaty
- 15 Exam format
- 16 Michael Jackson step
- 18 Portable music player
- 20 Two under par
- 21 Help
- 22 Supporting
- 23 NYC borough
- 26 Authoritative command
- 30 Oklahoma city
- 31 April 15 payment
- 32 — de deux
- 33 — bread
- 36 Become less intense
- 38 Boston team, for short
- 39 Make marginalia
- 40 Marble type
- 43 Wacko
- 47 Courtroom agenda
- 49 Get wind of
- 50 Duel tool
- 51 Bookie's due, briefly
- 52 Therefore
- 53 Line of fashion?
- 54 Hearty brew
- 55 Serves the purpose

## Crossword down

- 1 Forehead
- 2 Old Italian money
- 3 October birthstone
- 4 Romanian, e.g.
- 5 Wanderer
- 6 Press
- 7 Zodiac cat
- 8 To the sky
- 9 Refinery waste
- 10 Hawk
- 11 Croupier's tool
- 17 Night light?
- 19 Blend
- 22 Send quickly
- 23 Foul
- 24 Mineral stat
- 25 Feedbag tidbit
- 26 Welcome sight?
- 27 Suitable
- 28 Greek cross
- 29 Kreskin's claim
- 31 Monkey suit
- 34 Honour
- 35 Yuletide refrain
- 36 Parcel of land
- 37 Left a good impression?
- 39 Arbitrator
- 40 Experts
- 41 Stare open-mouthed
- 42 Cruising
- 43 Perform perfectly
- 44 Re planes
- 45 Wise one
- 46 Cupid's alias
- 48 Eggs

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	6	7	5	3	2	1	9	8
9	1	5	8	4	6	3	2	7
2	8	3	9	1	7	4	6	5
5	9	1	6	8	4	2	7	3
3	2	6	7	5	9	8	1	4
8	7	4	1	2	3	6	5	9
7	4	8	2	6	5	9	3	1
6	3	9	4	7	1	5	8	2
1	5	2	3	9	8	7	4	6

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

## SUDOKU SOLVE TIME:

- Under 13 min .....Genius  
13-17 min .....Scholar  
17-21 min .....Smart  
21-25 min .....Not bad  
25+ min .....Keep practising

## Metro Recipe of the Day



## Pesto Fish Cakes

### INGREDIENTS:

- 1 lb (500 g) potatoes, peeled and cut into cubes
- 3/4 lb (375 g) skinless firm white fish fillets
- 6 3/4 tbsp (100 ml) 1 per cent milk
- salt and freshly ground black pepper
- 3 scallions, finely chopped
- finely grated zest of 1 lemon
- 2 tbsp (25 ml) pre-made pesto
- 1/4 cup (50 ml) plain flour
- 1 cup (250 ml) fresh whole-wheat breadcrumbs
- 1/4 cup (50 ml) grated parmesan
- 1 large egg, beaten
- 8 small tomatoes, halved
- sprigs of fresh flat-leaf parsley to garnish

### METHOD:

1. Cook potatoes in pot of boiling water until tender, 15 minutes.
2. Put fish in deep non-stick frying pan with milk and seasoning. Bring almost to boiling, then reduce heat, cover and poach until flakes when

tested with a fork, 5 minutes. Remove fish and flake flesh, discarding bones. Reserve milk.  
3. Drain potatoes and mash. Add fish to potatoes with scallions, lemon zest, pesto and 1 1/2 tbsp (20 ml) poaching milk for soft mixture. Season to taste. Allow mixture to cool.  
4. Shape fish mixture into eight thick flat cakes and dust all over with flour. Combine breadcrumbs and parmesan on plate. Coat fish cakes in beaten egg and then crumbs. Chill until ready to cook.  
5. Preheat oven to 375 F (190 C). Place the fish cakes on non-stick baking tray with halved tomatoes. Bake 20 minutes. Serve garnished with parsley.

**SERVES 4**



## Horoscopes

### ARIES

MARCH 21-APRIL 20

Don't let anybody tell you how to act. There's no such a thing as too much fun. Make a diversion after a dim-witted dispute.

### LIBRA

SEPT 23-OCT 23

Open your eyes to find a lost love. Have a serious chat but don't do battle. A dreamer gets the go-ahead.

### TAURUS

APRIL 21-MAY 21

Your contribution is appreciated. Truthfulness is at stake during a wild excursion. Make things right with your heart.

### SCORPIO

OCT 24-NOV 22

An eccentric person is freed from a load. Someone will complain about naughtiness. Don't torment anyone about past quarrels.

### GEMINI

MAY 22-JUNE 21

An impromptu remark limits chances to dazzle others. Indulge yourself with a bath to calm down. Be appreciative to those who contribute.

### SAGITTARIUS

NOV 23-DEC 21

Don't abandon loved ones who have money problems. Faith in true love changes a love match. An abrupt termination comes under scrutiny.

### CANCER

JUNE 22-JULY 22

A digestive problem is affected by anxiety. Stop anticipating a change in strategy. A former friend will sway other people's opinions.

### CAPRICORN

DEC 22-JAN 20

Fear can't keep you from trying something out. A lonely person notices what is said. You'll get satisfaction from someone's removal.

### LEO

JULY 23-AUG 23

Plan activities that rest your mind. Withdraw from an alliance with a spendthrift. A hassle results when a folder is rearranged.

### AQUARIUS

JAN 21-FEB 18

You'll be bored by an arrogant fool. A nasty mood provokes a sudden roar. Don't condone bad behaviour and poor judgment.

### VIRGO

AUG 24-SEPT 22

You'll learn something from a grateful person. Don't torment yourself after a quarrel. The secret solution to a late call is to be unavailable.

### PISCES

FEB 19-MARCH 20

A sighing friend needs some hearty laughter. A youth can spread as much joy as possible. A faithful person does the accepted thing.

## This day in history

- MAY 5, 1260: Kublai Khan becomes ruler of the Mongol Empire.
- MAY 5, 1862: Cinco de Mayo in Mexico: Troops led by Ignacio Zaragoza halt a French invasion in the Battle of Puebla.
- MAY 5, 1877: Indian Wars: Sitting Bull leads his band of Lakota into Canada to avoid harassment by the United States Army under Colonel Nelson Miles.
- MAY 5, 1921: Coco Chanel introduces Chanel No. 5.

METRO NEWS SERVICES

## WORDY GURDY

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Tono's band's ballet skirts (2)
2. Happy atom (1)
3. Obstruct a wall timepiece (1)
4. Not so wet monk like Tuck (2)
5. Actor Wesley complains (1)
6. Insanity awfulness (2)
7. Potato chip brand's songs in commercials (2)

ANSWERS: 1. CATS, TURTLES 2. HAPPY, ATOM 3. STOP, WALL 4. DRY, MONK 5. WESLEY, COMPLAINS 6. INSANE, AWFUL 7. POTATO, CHIPS

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